

May 2003

Dear Families,

This booklet describes a variety of support services that I hope will help to meet your needs in the aftermath of your tragic loss. You may already be familiar with some of these programs through services they have offered over the past months. All of the services described here have been created specifically for you and for other families who lost a loved one on September 11<sup>th</sup>. All of the services are free and confidential.

In considering these services, please know that you do not need to choose only one program or service. The services offered vary and complement one another well. MOVA will continue working together with the programs we fund to best assist you.

- ❖ *All services provided under this grant are free and confidential.*
- ❖ *These services are specifically for the families who lost loved ones on September 11<sup>th</sup>.*
- ❖ *Our definition of 'family' is broad. The programs serve partners including unmarried partners, gay and lesbian partners, and fiancés. The programs welcome parents and children, in-laws, siblings, and extended family members of victims.*
- ❖ *You may contact agencies directly, or call the regional coordinators listed below for assistance in determining which services may best meet your needs.*

Finally, we welcome your ongoing feedback to ensure that the services provided are accessible and effective. We remain committed to working with you to meet your needs in the months ahead.

Sincerely,  
Janet E. Fine  
Executive Director  
Massachusetts Office for Victim Assistance

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All programs offer **FREE** services to family members who lost a loved one on September 11, 2001. These services will be available through June 2004.



The Massachusetts Office for Victim Assistance (MOVA) is an independent state office that assists and advocates for victims of crime. MOVA funds the following programs to provide free crisis counseling and crisis intervention services to families who lost loved ones on September 11, 2001. You may contact these programs directly or, for help finding the services that best meet the needs of you and your family, contact the regional coordinators listed below.

1 Ashburton Place, Suite 1101  
Boston, MA 02108  
p: (617) 727-5200  
f: (617) 7276552  
[MOVA@state.ma.us](mailto:MOVA@state.ma.us)  
[www.mass.gov/mova](http://www.mass.gov/mova)

## Regional Coordinator Catchment Areas and Contact Information

### Jody Budz – Metro Boston area

Work phone: (617) 414 – 4646  
Fax: (617) 414-4792  
E-mail: [Jody.Budz@bmc.org](mailto:Jody.Budz@bmc.org), [jbudz12317@aol.com](mailto:jbudz12317@aol.com)  
Counties: Suffolk, Norfolk, Southern Middlesex

### Meghan Gehan – Northern Massachusetts

Work phone: (978) 927 – 4506 ext. 216  
Fax number: (978) 927 - 4507  
E-mail address: [mgehan@hes-inc.org](mailto:mgehan@hes-inc.org)  
Counties: Essex, Northern Middlesex Counties

### Ryan Pickrell – Southern Massachusetts

Work phone: (508) 828 – 9116 ext. 1915  
Fax number: (508) 828 – 9146  
E-mail address: [RyanPickrell@aol.com](mailto:RyanPickrell@aol.com)  
Counties: Bristol, Plymouth, Barnstable, Dukes, Nantucket County

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## **Beth Israel Deaconess Medical Center- Center for Violence Prevention and Recovery/ September 11 Response Project**

Shanee Stepakoff, PhD	617-667-5427	<a href="mailto:sstepako@bidmc.harvard.edu">sstepako@bidmc.harvard.edu</a>
Lisa Tiezen, LICSW	617-667-8721	<a href="mailto:LTiezen@bidmc.harvard.edu">LTiezen@bidmc.harvard.edu</a>
Amy Brow, LCSW	617-667-2663	<a href="mailto:ABrow@bidmc.harvard.edu">ABrow@bidmc.harvard.edu</a>

Located at: 330 Brookline Avenue, Room 200; Boston, MA 02215

Some groups and events are held at the Lexington campus and other community-based locations; **home-based** sessions are available within one hour's drive of Boston.

Program provides **individual counseling and psychotherapy, family therapy, parent-child therapy, play therapy, creative arts therapies (poetry, art, etc.), meditation, stress reduction, mind-body approaches and EMDR (for managing PTSD symptoms)**

### **GROUPS:**

Ten-Session Group for **People Who Lost a Spouse Who Are Not Currently Raising Children:** first cycle is ending in May 2003. (New cycle will begin in the fall.)

For **People Who Lost a Spouse Who Are Currently Parenting Toddlers and/or Preschoolers:** Group and Special Events (e.g., gatherings, workshops, speaker panels). Beginning in summer of 2003 and continuing periodically throughout the year. (Schedule and location to be arranged.)

**Support Group for Parents Who Lost an Adult Child:** Planned for Fall of 2003, as soon as there are four referrals. (Schedule and location to be arranged.)

### **EVENTS:**

August 15-17, 2003: **Healing Retreat for Members and Prospective Members of the Sept. 11 Families for Peaceful Tomorrows**, at the Peace Abbey in Sherborn, Mass. (45 min. from Boston, near Natick), sponsored and led by BIDMC 9/11 Response Project.

Nov. 1-2, 2003: **Autumn "Creative Arts in Healing" Camp for Families of 9/11**, co-sponsored by the BIDMC 9/11 Response Project and the Boston Institute for Arts Therapy. Open to all who lost a loved one in 9/11. The camp is located in Oxford, Mass., about one hour's drive from Boston, in a rustic setting, and there will be a variety of creative activities geared toward fun, empowerment, and healing.

## **Brockton Family Community Resources S.H.A.R.E.S/9.11 (Surviving Homicide's Aftermath: Resources, Education, and Support)**

Dawn Brock, BA 508-583-2045

Located at: 18 Newton Street; Brockton, MA 02301

Program provides **crisis intervention, individual, family, and group counseling, support during the trial process, information on victim rights laws, literature on homicide bereavement, community outreach and education, and referrals** for Rhode Island, Southeastern MA, Cape Cod and the Islands of Nantucket and Martha's Vineyard.

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## **Cambridge Health Alliance/ Victim of Violence Program**

Karine Toussaint, MA	617-645-5344	<a href="mailto:ktoussaint@challiance.org">ktoussaint@challiance.org</a>
Lynda Bolduc-Hicks	617-591-6438	<a href="mailto:LBolduc-Hicks@challiance.org">LBolduc-Hicks@challiance.org</a>

Located at: 1493 Cambridge Street; Cambridge, MA 02139

Program provides **individual and family support/therapy, advocacy work (financial, legal, educational), workshops and presentations**. Home visits are available within an hour drive of Boston.

### **GROUPS:**

**Early Stage group-** The Center for Homicide Bereavement runs a closed, seven week time limited weekly support group for victims of homicide (starting late May/June).

**Later Stage group-** The Center also has an open, ongoing support group that meets on the first and third Tuesday evening of the month starting in September.

Both groups take place in Central Square and may be open for ATSG clients.

(Contact Holly Aldrich - 617-591-6123)

## **The Children's Room, Center for Grieving Children & Teenagers**

Judy Oliver, MS, NCC	781-641-4741	<a href="mailto:joliver@childrensroom.org">joliver@childrensroom.org</a>
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Located at: 819 Mass Avenue, Arlington, MA 02476

### **GROUPS:**

**Support groups** for any children (age 3-17) who lost a loved one and their caregivers (Adults meet for support at the same time). Groups are structured with art, high energy, play and quiet activities. Held on either Monday, Tuesday, and Thursday from 6:30-8pm every two weeks.

### **SPECIAL EVENTS:**

Fall Day of Support, December Candle lighting, and Spring Camp Day of Support

## **Family Support Services/ Boston University School of Medicine**

Dr. Valjean Whitlow	617-414-2130	<a href="mailto:valjean.whitlow@bmc.org">valjean.whitlow@bmc.org</a>
Jody Budz, BA	617-414-2043	<a href="mailto:jody.budz@bmc.org">jody.budz@bmc.org</a>
Natalie Wimberly, M.Ed	617-414-2142	<a href="mailto:natalie.wimberly@bmc.org">natalie.wimberly@bmc.org</a>

Located at: The Dr. Solomon Carter Fuller Building at Boston University  
School of Medicine; 85 E. Newton Street #912; Boston, MA 02118

Family Support Services is committed to providing **support services, crisis intervention and case management** to families of victims of September 11, 2001. The program has a **multilingual and multicultural staff** and can provide **outreach for individual and family counseling** to Norfolk, Suffolk, and Middlesex Counties.

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## **The Good Grief Program and Child Witness to Violence Program of Boston**

### **Medical Center**

Deborah Rivlin, MA	617-414-3616	<a href="mailto:Deborah.rivlin@bmc.org">Deborah.rivlin@bmc.org</a>
Lauren Gaspar, LCSW	617-414-3619	<a href="mailto:Lauren.gaspar@bmc.org">Lauren.gaspar@bmc.org</a>
Adam Lesser, LICSW	617-414-3620	<a href="mailto:adam.lessner@bmc.org">adam.lessner@bmc.org</a>

Located at: Boston Medical Center; One Boston Medical Center Place MAT5; Boston, MA 02118

**Individual and family counseling** is provided. (Contact: Lauren Gaspar)

Program also provides **peer outreach events** throughout the year. Contact: Holly Newman (617-414 - 3612)

### **GROUPS:**

The **Family CIRCLE group** (for adults and children 5-14 years old) meets every other Wednesday from 6-8pm at Mount Ida College in Newton. (Dinner provided)

**Spouses with Children** meets one Wednesday a month from 7-8:30pm at Mount Ida College in Newton. (Contact: Deb Rivlin)

**Parent and Sibling Support Group** meets every other Thursday from 7-8:30pm at Milton Academy. (Contact Lauren Gaspar)

**Widows Raising Children under 18-** Held once a month from 7-8:30 at Mount Ida College.

**Pool, Pizza and Peer Support** for men who experienced a loss on September 11th 2001 meets one Wednesday a month from 6-8pm at Mr. Billiards in Framingham. (Contact Adam Lesser)

The program is looking to begin a day support group for **Parents of Surviving Spouses**. If interested, please contact Deborah Rivlin

### **SPECIAL EVENTS:**

The program sponsors special events throughout the year to bring family members together.

## **Mental Health Association of Greater Lowell**

Jill Kulbok	978-458-6282	<a href="mailto:JKULBOK@hotmail.com">JKULBOK@hotmail.com</a>
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Located at: 99 Church Street, Lowell, MA 01852

Program provides **individual and group counseling and peer support counseling** to family members in Northern Massachusetts.

## **NELCWIT (N. E. Learning Center for Women in Transition)**

Pam Brown	413-772-0871 x23	<a href="mailto:pambrown@nelcwit.org">pambrown@nelcwit.org</a>
Jennifer Ire	413-772-0871 x12	<a href="mailto:jennire@nelcwit.org">jennire@nelcwit.org</a>

Located at: 10 Park Street; Greenfield, MA 01301

Program provides **counseling, information, referral and advocacy services** for families who live in Western Massachusetts.

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## **VNA HOSPICE OF GREATER LOWELL / MERRIMACK VALLEY HOSPICE**

Marie Jennings (VNA), LICSW 978-459-9343 x783

[mejennings@attbi.com](mailto:mejennings@attbi.com)

Diane Blake (MVH), M.A.

978-552-4539

[dblake@homehealthfoundation.org](mailto:dblake@homehealthfoundation.org)

VNA Hospice is located at: 336 Central Street; Lowell, MA 01852

Merrimack Valley Hospice is located at: 360 Merrimack Street; Lawrence, MA 01843

### **GROUPS:**

**Adult support group** -- every other Saturday 9:30-11 in Tewksbury at Holiday Inn  
(on Route 133 at junction of 495)

Summer schedule begins in June- meetings will occur every other Monday from 6-7:30pm on June 9 & 23, July 7 & 21, August 4 & 18 at the Holiday Inn

\*\* New members welcome any time and can call either for info/register

## **VOCAL AFAR (Victims of Crime and Loss Assisting Families and Responders)**

Meghan Gehan, LCSW

978-927-4506 x216

[mgehan@hes-inc.org](mailto:mgehan@hes-inc.org)

Lucinda Nolet, LSW

978-927-4506 x225

[lnolet@hes-inc.org](mailto:lnolet@hes-inc.org)

Located at: 156 Cabot Street; Beverly, MA 01915

Program provides **outreach** for **individual and family counseling** to homes throughout Essex and Middlesex Counties, Southern New Hampshire. **Advocacy with applying for financial and scholarship resources** for children who lost a parent is available.

### **GROUPS:**

**New Hampshire Support Group**- Held every other Tuesday from 6:30-8pm at Marion Gerrish Community Center in Derry, NH

### **SPECIAL EVENTS:**

**Family Day** on June 7 from 10am-4pm in Beverly, MA. Event will consist of a morning full of fun team building activities and an afternoon of ropes course with trained professionals.

**Outdoor Program**- outdoor adventure events will be held throughout the year for family members of all ages.



The programs are supported by MOVA through the 1984 VOCA grant from the Office for Victims of Crime, Office of Justice Programs and the U.S. Department of Justice. Supplemental funding was appropriated by Congress through the Department of Defense Appropriation Act of 2002.